会話がはずむスマートフレーズ&トピック

Chapter 12:健康と福利厚生 / Unit 39:平均余命



The aim of this lesson is to make the students use the key vocabulary and target expressions in a more natural manner.

Language Point

My grandfather died.	- My grandfather passed away.- My grandfather went to heaven.- My grandfather departed this life.	
No way.	Absolutely not.Certainly not.No chance.Don't even think about it.	

Key vocabulary

life expectancy	have all one's faculties	genetics	longevity
fortunate	diet	boredom	combination

I. INTRODUCTION

Life expectancy has been increasing over the past few decades. Many people in their eighties and even in their nineties are still in the **peak of their health** and enjoying their **longevity**.



II. PRESENTATION

A. Expressions

	Questions:	
My grandfather died.	Why do you think people in Japan live longer than people in other countries?	
No way.	Would you consider living in the countryside where there is less pollution than in the city?	

B. Dialogue

Practice the dialogue with your teacher.

Hayato: It's my grandfather's birthday today, he is 95 years old.

Grace: Wow. Such longevity! How is his health?

Hayato: Pretty good. He's slowing down but he's still active and has all his faculties.

Grace: Amazing. My grandfather died when he was 68.

Hayato: So young... Japan has the highest life expectancy in the world, 81 for men, 87 for women, and an average life expectancy of 84, which gives Japan the top

ranking. So maybe I'll be fortunate that way.

Grace: I hope you are too. I read that people in Okinawa live rather long. Why do

you think that is? Diet? Genetics? Lifestyle?

Hayato: I think it's a combination of all three. People in Okinawa seem to live a more stress-free life. It's like the Hawaii of Japan. Maybe we should move to

Okinawa?

Grace: No way. I would die of boredom. I prefer the big city life!



- In your opinion, who should be responsible for taking care of older people in society?
- Should people be allowed to continue working, despite their age?
- What are some factors that affect longevity?

Part 2

III. PRACTICE

Use the newly learned vocabulary and expressions in the following practice exercises.

A. Bucket List

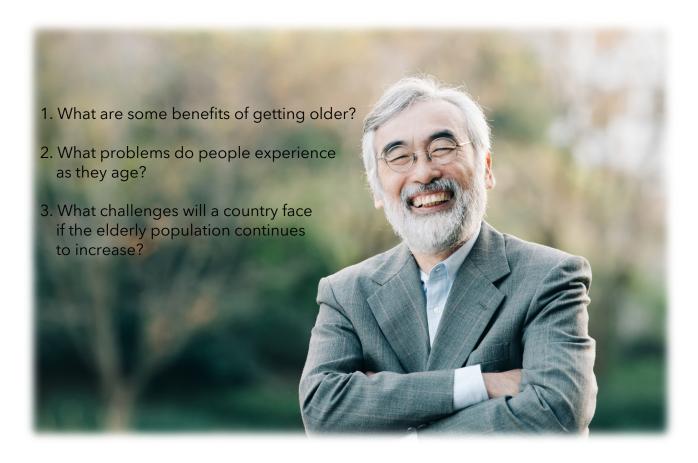
Directions: Complete your bucket list by talking about the five things you want to accomplish before the age of 70.



B. Let's Talk!

Directions: Answer the questions below. Explain your answers by giving examples.

Life Expectancy



Role-Play



Talk about longevity with your friend and compare the life expectancy in both of your respective countries.

Use the vocabulary and expressions you have learned.

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