会話がはずむスマートフレーズ&トピック

Chapter 12:健康と福利厚生 / Unit 40: 喫煙



The aim of this lesson is to make the students use the key vocabulary and target expressions in a more natural manner.

Language Point

That's smart.	You are smart.It's / That's clever.Good thinking.	
So do I.	- Me too. - That's true. - Exactly.	
Hopeless!	- Pathetic! - Terrible! - Unbelievable!	

Key vocabulary

detrimental	get hooked on	rundown	tend to
likely	quit	once	even

I. INTRODUCTION

Smoking kills. It is not only detrimental to smokers themselves but also to bystanders who might inhale **second hand smoke**. Smoking may be **a hard habit to break**, but quitting is not impossible.



II. PRESENTATION

A. Expressions

	Questions:	
That's smart.	In your opinion, what are some possible reasons people smoke?	
So do I.	What do you think about a smoker's health?	
Hopeless.	Why do you think it is hard for people to quit smoking?	

B. Dialogue

Practice the dialogue with your teacher.

Don: Do you smoke?

Jerry: I don't. I don't like the smell. Also, my parents were heavy smokers and it was

detrimental to their health, so I never wanted to get hooked on it.

Don: That's smart. I wish I had never started. It's a difficult habit to break.

Jerry: How long have you been smoking?

Don: Since I was eighteen years old, so about twenty years. **Jerry**: Aren't you worried about the health risks? Lung cancer?

Don: I guess so, but I know many people who smoke and are in their eighties and even

nineties.

Jerry: So do I, but they tend to cough a lot. Living long and being healthy are two

different things.

Don: It's never too late to stop smoking, I guess.

Jerry: It's never too late. If you stop now, your lungs will get healthier and you'll likely

have more energy.

Don: I've been feeling a bit rundown lately. Okay! I'll try to quit. Once I finish this pack.

Jerry: Hopeless!



- Do you think high taxes on cigarettes encourage people to quit smoking?
- Should smoking be banned in public places?
- In your opinion, what is the best way to quit smoking cold turkey?

Part 2

III. PRACTICE

Use the newly learned vocabulary and expressions in the following practice exercises.

A. I Wish...

Directions: Complete the sentence and explain your answer.

- 1. I wish I had never _____.
- 2. I wish I did not _____.
- 3. I wish I ______.



B. Let's Talk!

Directions: Answer the questions based on your own knowledge and experience.



Role-Play



Talk to your friend about smoking.
Discuss the possible effects:

- of regulating it
- of taxing it heavily
- of a person quitting

Use the vocabulary and expressions you have learned.

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